

BIRLA वृत्तांत

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B.K. Birla College

Go Green

World Environment Day, celebrated annually on 5th June is an initiative of United Nations to effectively combat problems of environmental degradation. Every year, the UN marks a different focus to commemorate the day & since it began in 1974 by, the event has grown to become a global platform for public outreach that is widely celebrated in more than 100 countries of the World. The theme for this year is “Beat Air pollution”. Which aims at urging people to opt for ecofriendly way of living.

In this context, on 5th June , our college jointly with Kalyan Dombivali Municipal Corporation (KDMC), NCC unit and Regional Forest Office, Kalyan tree plantation activity followed by **‘Cycle Rally and Walk’**. More than 600 Tulsi saplings were planted in the college campus to create Tulsi Vatika.

The plantation was carried out by the hands of Shri Govind Bodke IAS, Commissioner, KDMC; Chief guest for the celebration included Shri Dattratray Karale IPS, Additional Commissioner of Police, East Region, Thane City; Mrs. Vinita Rane, Mayor, KDMC; Mrs. Kalpana Waghere, Regional Forest Officer; Shri Arjun Bhoir, Corporator, KDMC, Col. AKB Sinha, Commanding Officer, 1 Mah. Girls Bn. who planted Tulsi Plant in College; Major Ridhima, Admin Officer, 1 Mah. Girls Bn.; Dr. Naresh Chandra, Director, B. K. Birla College; Dr. Avinash Patil, Principal, B. K. Birla College and college staff members. Also present on the occasion and more than 850 students of our and NCC cadets of 17 different colleges from Mumbai.

After Program of the day was A **‘Cycle Rally and Walk’** In their speech . Shri Govind Bodke IAS, Commissioner, KDMC and Mrs. Vinita Rane, Mayor, KDMC appealed the students to opt for ecofriendly technologies and help in protecting the environment. More than 70 cyclists from our College, Regional Forest Office, Kalyan NCC unit and Kalyan Cyclist Foundation participated in the rally. The faculty and students members of our college including NCC cadets also joined the rally. The rally proceeded started from our College & through Indira Nagar-head quarter - Santoshi Mata Road-Sahajanand Chowk-Shivaji Chowk and reached KDMC at around 9.30 am. Necessary arrangements for snacks & drinking water was made for all the participants .Mr. Nitin Barve proposed Vote Of Thanks to all who participated & helped directly or indirectly for the grand success of the Rally.



Tulsi plantation at Tulsi Vatika at the hands of Shri Govind Bodke IAS,



Awareness Walk in the City with student & dignitaries



Participants in Cycle Rally

YOGA, THE WAY TO HEALTHY MIND AND BODY

Yoga philosophy and practices funded by B.K Birla College of arts science and commerce conducted a huge Yoga activity under the guidance of Dr.Archana Singh, The instructor of Kevalyadham yoga, Misbah Patandata and Jeba Patandata trained thousands of students of NCC cadets and other Students of University who participated in this event. Kevalyadham has trained the prisoners of Adharwadi Jail from time to time the art of Yoga. On this occasion the students of the university went to the Adharwadi Jail and made the Prisoners there practice yoga.

The event was organized by College's Director Dr Naresh Chandra, Principal, Dr Avinash Patil, Dr Harish Dubey, Prof Bhargav, Prof V.V. Pathare, Prof Prakash Sansare played a vital role in this activity. Kajal,Shital,Vivek,Deepak,Sanket and many other students worked a lot for this activity.



STUDENTS PERFORMING YOGA ARTS



STUDENT PERFORMING STRECHING EXERCISE



TYPES OF YOGA FORMATIONS



DR.ARCHANA SINGH ADDRESSING THE STUDENTS